



A FREE PRINTABLE FROM

Piano Goals Jar

BUSY KIDS DO PIANO

How to use this printable

- 1 Print the sheets.** Print all four goal slip pages – or just the ones that feel right for your family right now.
- 2 Cut apart the slips.** Cut along the dashed lines. Each slip is one goal, prompt, or reminder.
- 3 Fill a jar.** Drop the slips into a jar, basket, mug, or envelope. Let your child decorate it if they'd like.
- 4 Pull one slip.** At the start of practice – or whenever things feel stuck – have your child pull a slip and go from there.
- 5 Mix and match.** Use all four sheets in one jar, or keep them separate so your child can choose the kind of goal they need today.

Practice Prompts

Milestones

Creative Challenges

Encouragement Reminders



01

Play your piece all the way through — no stopping, even if you make a mistake.

02

Choose one hard spot and play it slowly five times in a row.

03

Practice your piece with your right hand only, then your left hand only, then both together.

04

Play through your piece and count out loud the whole time.

05

Find a dynamic marking in your music and really make it happen today.

06

Play the last line of your piece first, then work your way backward to the beginning.

07

Set a timer for 10 minutes and see how much you can accomplish before it goes off.

08

Play your piece at half speed, like everything is in slow motion.

09

Pick one measure that trips you up and play it until it feels easy.

10

Play through once, then close your eyes and think about one thing you want to do better next time.



Milestones

BIGGER GOALS TO WORK TOWARD

01

Learn a new song this week — one that you pick yourself.

02

Play a piece you already know completely from memory.

03

Practice every single day this week, even if it's just for five minutes.

04

Learn what all the Italian words in your music mean.

05

Polish a piece until it feels ready to perform — even if your audience is just your dog.

06

Find a song you love — not from your lesson book — and learn the first line by ear.

07

Play a piece for someone in your family this week.

08

Learn to name every note in one line of your music without hesitating.

09

Master a piece well enough that you could teach it to someone else.

10

Pick a piece you finished a long time ago and see if you can still play it.



01

Play your piece as if you're a tiny mouse — super quiet and sneaky.

02

Make up your own ending for one of your songs.

03

Play your piece as if it's a lullaby, even if it isn't one.

04

Try playing a song you know in a different spot on the keyboard — higher or lower than usual.

05

Play your piece as dramatically as possible, like you're on a big concert stage.

06

Make up a story that goes along with the music you're playing today.

07

Play as fast as you possibly can — just for fun. It doesn't have to be pretty.

08

Try playing with your eyes closed for one phrase. How does it feel different?

09

Hum or sing along while you play your piece today.

10

Clap the rhythm of your piece all the way through before you play a single note.



Encouragement Reminders

LITTLE PEP TALKS JUST FOR YOU

busykidsdopiano.com

01

Every time you practice, you are getting better — even when it doesn't feel like it.

02

Mistakes are part of learning. Every musician makes them, even the really famous ones.

03

You don't have to be perfect today. Just show up and try your best.

04

The fact that you sat down at the piano today is something to be proud of.

05

Hard things get easier the more you practice them. Keep going.

06

You have already learned so much. Think about how far you've come.

07

It's okay to start over. Starting over is not giving up — it's trying again.

08

Playing piano is a gift you're giving yourself, one practice at a time.

09

Even five minutes of focused practice is worth something. Small efforts add up.

10

You are a musician. That's not something everyone can say.